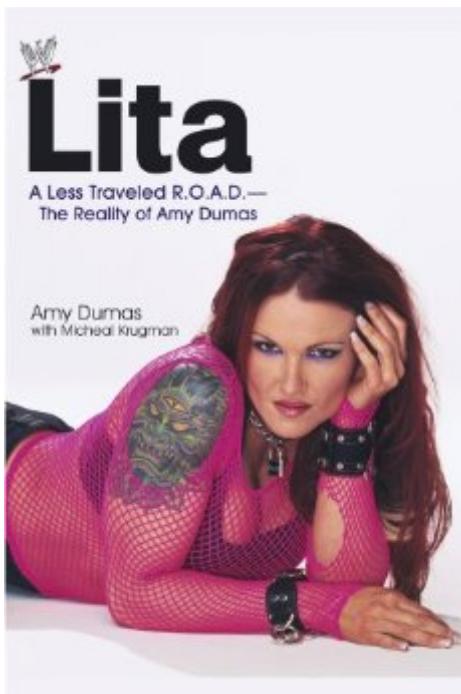


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# Lita: A Less Traveled R.O.A.D.--The Reality Of Amy Dumas (WWE)



## Synopsis

Lita-- see her just once in the ring and you can never forget it. The breathtaking off-the-top-rope fearlessness that she shows keeps you on the edge of your seat. You simply can't believe she's going to be able to pull off the move, and then Lita takes it to the next level. That's her reality, that's why she is a WWE Superstar.Taking unexpected risks, daring to do what no one has done before, that's the reality of Amy Dumas, the remarkable woman behind Lita. Even as a young girl, Amy was determined to challenge herself and the world around her. She found personal freedom in the hardcore punk rock scene of the nineties. The positive force of the music and culture helped define the reality of Amy Dumas.Her willingness to try anything once set her on the path to World Wrestling Entertainment.&#153; Captivated by the high-flying style of the luchadors she saw on television, Amy was hungry to discover more about them. She just had to learn how they did those amazing moves. With only a guidebook for a companion, Amy set out for Mexico City where she was quickly invited into the secret world of lucha libre, Mexico's unique brand of professional wrestling. She returned to the States, resolute in her goal to make it as a professional wrestler.Amy found people who saw her determination and her heart, and agreed to train her. As her skills improved, she began traveling the highways and byways of America, working night after night in independent promotions around the country. Along her journey, Amy met an assortment of colorful characters as well as a number of wrestlers who would prove influential in her career. Among them were two local North Carolina stars who had just signed with WWE -- Matt and Jeff Hardy. Amy formed an instant bond with the dynamic Hardy Boyz,&#153; whose spectacular style and high-flying bravado inspired her own bold in-ring style.It wasn't long before Amy -- now christened Lita -- joined Matt and Jeff in WWE, and the three friends became international sensations as Team Extreme.&#153; Lita proved a true pioneer in women's wrestling, daring to get in the ring with the boys -- including Triple H,&#153; Stone Cold Steve Austin&#153; and The RockÂ® -- and never backing down. It took a broken neck suffered on the set of a television series to stop her...but only temporarily. Lita: A Less Traveled R.O.A.D -- The Reality of Amy Dumas is the stirring tale of one young woman's amazing journey to the top of the wild, wonderful world of WWE.&#153;

## Book Information

File Size: 4535 KB

Print Length: 352 pages

Publisher: World Wrestling Entertainment (May 8, 2010)

Publication Date: May 11, 2010

Sold by: Digital Services LLC

Language: English

ASIN: B003L77XBI

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #115,059 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Wrestling #32

in Books > Biographies & Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Wrestling

#58 in Books > Sports & Outdoors > Individual Sports > Wrestling

## **Customer Reviews**

While not a huge fan of the WWE published books for the reasons explained in my review of Hulk Hogan's book (SHAMELESS PLUG), Amy "Lita" Dumas' book comes off as much more honest than many of the contemporary wrestling books. She admits that wrestling was not a life-long dream, and that even today, she considers herself fortunate to be where she is. It was very amusing to hear of her exploits in Mexico while working her way up the ladder in the world of the Luchadores, and how she learned wrestling in a very un-traditional way (as in, she didn't go to some established American wrestler's school), which makes her in-ring style unique, which is one of the reasons fans take to her: they have never seen anything like this from someone in American wrestling before, especially a female! Her daring in-ring style puts her in a class all to herself when it comes to women's wrestling. That's not to say that the other women in wrestling are not extremely talented ladies, because they are. I'm a huge fan of women's wrestling when done right (ie, legitimate athletics, not T&A contests). Ms. Dumas is still very young, so she looks to still have a great career ahead of her, despite a very serious neck injury she suffered last year. I found it horrible the way she described her treatment on the set after injuring herself—it seems that the general opinion is that these "phony wrestlers" never get hurt. That's a shame. Also, being a fellow animal lover (My wife and I have two cats that we A.D.O.R.E.), I enjoyed reading about how Ms. Dumas takes the time to work at animal shelters. So often in the course of charitable work, we lose sight of our furry and feathered friends who share in our happiness and sadness and don't judge you one way or the other.

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